MULTIMEDIA UNIVERSITY

STUDENT ID NO

MULTIMEDIA UNIVERSITY

FINAL EXAMINATION

TRIMESTER 1, 2016 /2017

PSS 0014 – UNIVERSITY STUDY SKILLS

(All sections / Groups)

8 OCTOBER 2016
9:00 a.m. - 11.00 a.m.
(2 Hours)

INSTRUCTIONS TO STUDENTS:

1. This question paper consists of **FOUR** parts and **8** pages (exclusive of the cover page).

2. This exam paper contains:
   - **Part A** - 20 multiple choice questions (40 marks). Shade your answers on the multiple-choice answer sheet provided.
   - **Part B**– 3 short answer questions (60 marks). Please write your answers in the Answer Booklet provided.

3. Please answer **ALL** questions.

4. The total marks for this paper is 100 marks. This final examination will contribute 50% toward your grade in this course.

PART A: MULTIPLE CHOICE (40 marks)

Part A is to be answered on the multiple-choice answer sheet that will be distributed by the invigilators. You do not need to write anything in the Answer Booklet. **Read each of the items below carefully and then indicate the most appropriate response on the multiple-choice answer sheet.** (2 marks for each correct answer, for a total of 40 marks)

1. The model of employability which comprises (1) academic skills, (2) personal skills (3) exploration skills and (4) connectivity skills is known as the _____ model.
   A. Bloom taxonomy
   B. Diamond
   C. APEC
   D. Life-ladder

2. Sensory memory, short-term memory and long-term memory are three memory components of _____
   A. concentration cycle
   B. information-processing model
   C. self-regulation
   D. theory of experiential learning

3. _____ occurs when we make things meaningful.
   A. Encoding
   B. Storage
   C. Retrieval
   D. Memory

4. To remember the names of the planets in order, remember "My Very Eager Mother Just Served Us Noodles " - Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune. This is an example of a /an :
   A. consolidation.
   B. acrostic.
   C. acronym.
   D. method of loci.

Continued ...

5. Writing questions in the margin of your lecture notes is an example of a (n) _____ strategy.
   A. elaboration
   B. comprehension monitoring
   C. organizational
   D. motivational

6. Each time you're distracted during a study session, you go back to _____ concentration.
   A. moderate
   B. deep
   C. light
   D. medium

7. "Teach the material to someone else, create a taped self-test, create rhymes, poems, and songs to recall information" are the learning techniques suitable for:
   A. Auditory learners
   B. Kinesthetic learners
   C. Visual learners
   D. Passive learners

8. Thinking about your Psychology midterm when you're trying to work on your English paper is due to a problem with:
   A. Focusing on a task
   B. Limiting your focus
   C. Sustaining your focus
   D. Focusing at will

9. When you are reading a textbook passage, you would most likely mark or highlight all of the following EXCEPT:
   A. illustration credits.
   B. lists of ideas.
   C. definitions.
   D. unfamiliar words.

10. The following are examples for active review strategies EXCEPT:
    A. Recite word cards
    B. Recite the answers to predicted questions
    C. Take online tests
    D. Read the whole textbook

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11. Table 1: The listening and note taking process

Step 1. Decide to learn
Step 2. Receive messages
Step 3. Pay attention
Step 4. Select relevant information
Step 5. ?
Step 6. Condense information
Step 7. Organise information
Step 8. Take notes

Table 1 above lists steps in the listening and note taking process. Which of the following answers best fits Step 5?

A. Information validity
B. Interpret information
C. Search information
D. Rehearse information

12. Some group members did not do any work at all in the assignment yet managed to get points from the group work. This type of student(s) usually will use sympathetic behavior at the first stage and if they are not successful, they might resort to using threat/ duress. The description above describes which of the following group problems :

A. Poor leadership
B. Poor time management
C. Poor communicator
D. Parasite problem

13. Last year, Kamala was extremely stressed because she could not perform well in her Accounting course. Her parents were complaining that the tuition fees that they paid were expensive to cover costs for subjects that Kamala had to repeat as she failed the a few accounting subjects. Kamala knew she must do something. This year, Kamala changed to a new course, BBA (Hons) Marketing with Multimedia. After taking the new course, she performed very well.

In this scenario, Kamala had done which of the followings to cope with her stress:

A. Cognitive coping
B. Managing reactions towards stress
C. Removing source of stress
D. Getting moral support from family

Continued ...

14. For Question 14, please read the following scenario.

> "For the past few weeks, you have been using my laptop to watch your favorite movies until I was not able to use it to complete my assignments. If you notice, I start submitting my assignments late. Lecturers also commented that I did not do any proofreading before submitting my assignment reports. I don't have time to do proofread and submit the assignments early as you used my laptop most of the time"

Please select which DESC technique that you should be using when dealing with a problematic roommate as described in the above scenario?

A. Describe the behavior
B. Express how does it makes you feel
C. Suggest what to do.
D. Contract to take action

15. Skills of empathic listening as described by Stephen Covey in his book titled "The 7 Habits of Highly Successful People" falls under which habit category?

A. Sharpen the Saw
B. Seek First to Understand Then to be Understood
C. Think Win-Win
D. Begin with the End in Mind

16. _____ provide a top down display of information and subheadings which can be divided and support added details. Which of the following techniques best fits the blank space?

A. Hierarchical maps
B. Wheel maps
C. Semantic webs
D. Charts

17. _____- level questions require you to understand the information so that you can select the answer when it is phrased differently in the exam.

A. Knowledge
B. Comprehension
C. Application
D. Analysis

Continued ...

18. On the final exam planning calendar, optional study time can be used for:

A. Additional practice for all of your exams
B. Additional practice for your top priority exams
C. Rest hours
D. Cramming information for exams

19. Oggy is reading a job advertisement. Among the skills required are "excellent verbal and written skills". If Oggy wants to apply for the job, he needs to have a high level of:

A. semantic knowledge
B. episodic knowledge
C. procedural knowledge
D. problem solving knowledge

20. If you discover that an instructor emphasizes on application questions in exams, you should adjust your study methods to focus on:

A. factual review
B. key concepts
C. practical situations and uses
D. relationships between topics

Continued ...

SECTION B (60 marks): Answer ALL questions. Write your answers in the answer booklet provided.

Question 1 (20 marks)

a) Define learning styles. State three benefits that a student may experience when performing self-analysis of their own learning styles. (8 marks)

b) Explain two characteristics of explicit, implicit and tacit knowledge. Propose appropriate strategies to get access into these three forms of knowledge.

(12 marks)

To answer Question 1b, in your answer booklet prepare a table as shown below and fill in the answers accordingly:

Type of knowledge	**Two characteristics**	**Methods to access the knowledge.**
Explicit	1. 2.	
Implicit	1. 2.	
Tacit	1. 2.	

Continued ...

Question 2 (20 marks)

a) Describe activities of each quadrant in urgent-important matrix below:

Quadrant I - Urgent and important
Quadrant II - Urgent but not important
Quadrant III - Not urgent but important
Quadrant IV - Not urgent and not important

(8 marks).

b) Propose appropriate actions to manage time more efficiently in each quadrant.

(12 marks).

To answer Question 2a and Question 2b, students are advised to draw a table in the answer booklet as suggested in the format below and fill in the answers accordingly:

Answers for Question 2 a (8 marks) **Describe activities in :**	Answers for Question 2 b (12 marks) **Propose actions to manage time**
Quadrant I - Urgent and important	
Quadrant II - Urgent but not important	
Quadrant III - Not urgent but important	
Quadrant IV - Not urgent and not important	

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Question 3 (20 marks)

You saw an advertisement in a health magazine on top 10 benefits of running. You intend to summarise the content of the advertisement to be published in Go Active Club website, a physical wellness club in your university. You learnt in PSS0014 University Study Skills class on ways to summarise information from graphical contents.

Your job is to summarise the following graphical information within 80 words only.

Note: To summarise the information, you may need to synthesize.

TOP 10 BENEFITS OF RUNNING

- Overall mental health
- Strengthens lungs
- Prevent high blood pressure
- Strong immune system
- Weight loss
- Physical Strength
- Increases bone density
- Joint strength and stability
- Increase confidence
- Reduced effects of diabetes

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